

MY FIRST 3 LIFE'S LESSONS



The greatest tragedy in life
is that majority of people
have accepted to be
less than they were born to be
and are thus accomplishing
far less than
their true capabilities

David K DAVID K
EGYIR

David K Egyir

Architect . Designer . Life Coach

AUGUST 2019

Table of Contents

Lesson 1.....	1
Lesson 2.....	1
Lesson 3.....	5
Count the Squares.....	5
Why Are You Here On Earth?	6
Deep Revelations	7
Predominant Low Levels of Productivity	7
Gross Underutilisation of Brain Potential	9
Prevalence of Extremely Poor Affection for Occupations.....	11
And So Many More of Such Issues.....	11
The Roadmap.....	12

Lesson 1

The human body (just like that of animals) has its own natural healing mechanism (most recommended), and ordinarily the body will heal itself under the right conditions; which right conditions are generally known, are simple, and can be incorporated into our daily lives (routinely).

As you may already be aware, this first lesson came following a very interesting encounter I had upon seeking medical attention at the hospital, and the miraculous incidences that followed... How that the nurses struggled to transcribe the doctor's handwriting, the prescription form varnishing eventually, my taking of just some of the medicines without the other essential ones, etc.

Since then, and for about twenty-five years now, I've diligently avoided orthodox medication.

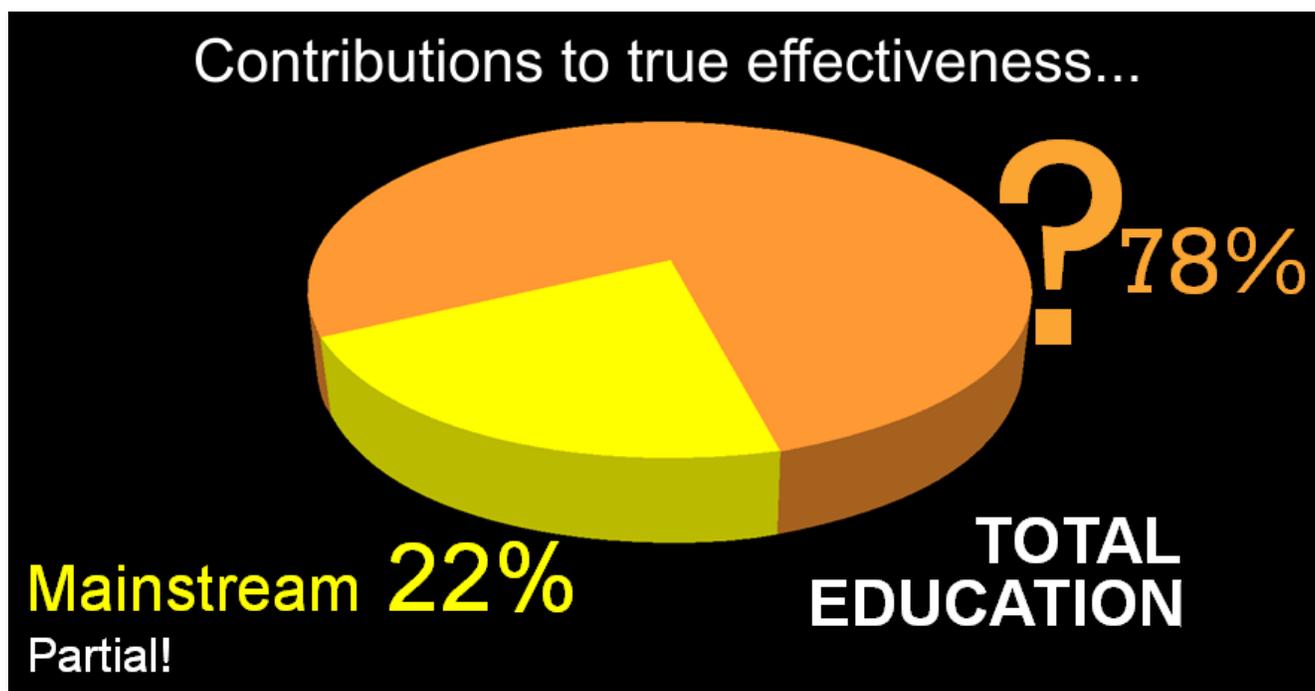
Instead, I do something very simple, exciting and absolutely invigorating, and it's all because of how I died and the three unforgettable lessons I learnt before I woke up. And the good news is that as a positive result, most people think I'm ten years younger than I really am. For a recap of the whole incidence in relevant details, please go to... seersapp.com and look for... **'How I Died, and 3 Very Powerful and Unforgettable Lessons I Learnt Before I Woke Up'** or use the search box to search with the keywords... *'How I Died'*

Lesson 2

Formal education alone is not enough to bring out your true / hidden potential; that ordinarily, no matter how many degrees you acquire, that formal education is able to harness only up to 22 percent of your true effectiveness and greatness in life. And that... "Education and schooling are not the same thing. What goes on inside the schools is often not education. And the results may well be that it reduces productive capacity rather than to increase it."

Soon after my six years of university education (well, unofficially seven years) I joined the Youth Fellowship in church and along the line got elected to lead the fellowship; I soon reckoned that I really needed to learn 'Leadership' otherwise it was going to be very difficult leading the highly heterogeneous group it was. So I headed to my favourite bookshop and got leadership books, and some general self-help books that caught my attention.

That was the beginning of an unforgettable experience; one of the most shocking discoveries (that actually marked a major turning point in my life and career) was Harvard University's sad finding about Education that points to the fact that Formal Education is able to harness only up to 22 percent of people's true effectiveness and greatness in life. In essence, education and schooling are not the same thing!



Why hadn't anybody drawn our attention to this fact that formal education harnesses so little? And why hadn't anybody drawn our attention to self-help books while in school (as part of our education) and emphasised their equal importance as the mainstream courses that we were being taught?

And if what the mainstream educational system teaches is able to harness only 22 percent of people's true effectiveness and greatness in life, how

can we harness the remaining 78 percent and get people to be truly / fully effective and truly great?

Well, it was better late than never, so the book corners / sections became my favourite places in the supermarkets; within a couple of years, I bought and read more than 100 self-help books (some of them I read over and over again) in

addition to the Hebrew-Greek-enabled Bible. And the researching / learning has continued since; especially focusing on Human & Organisational Performance Improvement Techniques and Strategies.

One thing became clear, that as a result of the prevailing partial education... most people operate from a position of unconscious incompetence; they do not know 'what they don't know' so they are ineffective but unaware, and so they feel okay, and are thus not interested in adding on privileged knowledge; especially the soft skills.

I got to understand what it meant to say that 'Ignorance was a significant part of the problems of Africa!' And the problems persist because, as already stated, the mainstream education is predominantly partial education; it is able to harness only 22 percent of people's true effectiveness and greatness in life. Note that the mainstream education will largely remain this way for a very long time; it will continue to harness only 22 percent of people's true effectiveness and greatness in life.

I felt that my greatest contribution towards the development of humanity, especially Ghana (and Africa) was to share my findings; I was thus moved to collate **the best and most effective principles, techniques and strategies that can harness the true / hidden potential of any individual (or group of individuals) no matter the person's background and current circumstances.** i.e. irrespective of a person's age, gender, looks, financial resources, educational background, etc! I call that Zing4Life!

Zing4Life! is made up of the right and complete set of actions required to tap and use your true, inborn / hidden potential; essentially, Zing4Life! is the foundational knowledge required to harness the 78 percent true / hidden potential that the formal education system ordinarily does not unearth.

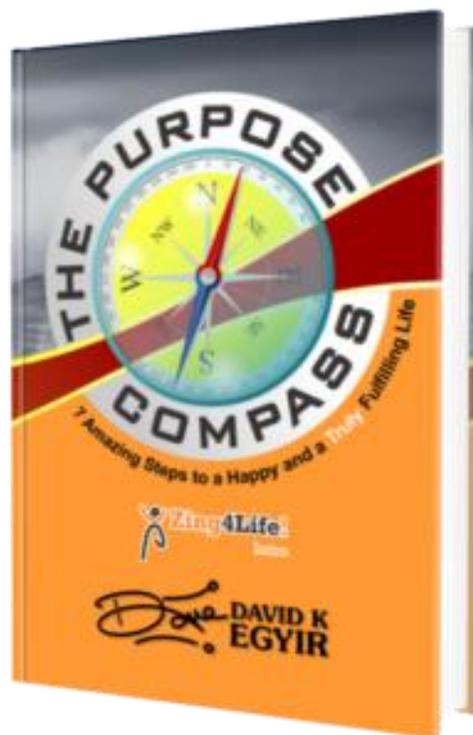
I have written 13 special books / manuals (the Zing4Life! Series) to outline and teach those Zing4Life! principles, techniques and strategies.

There are bundled versions of the training manuals as well.

With the firm support of my wife, I was further moved to found 'Seers Foundation' and later 'Seers Consult' (and more) to serve as possible vehicles for teaching / implementing the Zing4Life! principles widely across the globe; especially Ghana (and Africa). See more at... seersapp.com.

It took more than 7 years of intensive research and development on my part to finish that (in practical terms) and I keep improving upon them, because I want Zing4Life! to be current and remain the best in the world; to date, I have

covered more than 1,000 self-help volumes by way of books, articles, audios, videos, etc. to keep Zing4Life! current, relevant and the best! Those principles, techniques and strategies are amazing; they guide you on **your current goals and future aspirations: how to make them better / exceptional, and also get to achieve them easily / quickly!** I am thus truly excited to be coaching people to live a truly fulfilling life; with amazing insights from a rich pool of rare and privileged resources and experience; **get my super-insightful best-selling life-coaching presentation...**



7 Amazing Steps to a Happy and a Truly Fulfilling Life; Lessons from the Hebrew / Greek Bible, Life Experience, and more than 100 books on Personal Development, Organisational Development, Entrepreneurship, and Leadership.

A Unique Life-Coaching Presentation; recommended for you and your people: child(ren) | friend(s) | team / staff / workers | students / pupils | congregation | countrymen | etc.

A truly fulfilling life is very important; however, very rare! How so? And, what is your idea of a fulfilling life?

Sadly, most people are not *truly* fulfilled in life, and chances are that, such may be your situation. It is possible to be excited, or even make a lot of money and still not live a *truly* fulfilling life! Indeed, so many wealthy and seemingly happy people, including wealthy professional comedians, are known to have committed suicide in the past; some even recently. Also, it is possible to be very religious and still not live a *truly* fulfilling life! Incidences of very religious people, including pastors, committing suicide abound.

Notice that I am *not* talking about a fulfilling life (that is subjective) but rather a *truly* fulfilling life! Yes, there is a big difference! And THE PURPOSE COMPASS clearly defines what a *truly* fulfilling life is, and gives the steps for attaining a *truly* fulfilling life. It is the foundational life-coaching (mentorship) you have always wanted; now at your disposal; you will find it amazing! It is an objective orientation about life, especially how to organize your thoughts, actions, and inactions to achieve a *truly* fulfilling life of extreme productivity. See more at... seersapp.com or Call / SMS / WhatsApp / Signal / Telegram / WeChat... **026.637.7777** > +233.26.637.7777

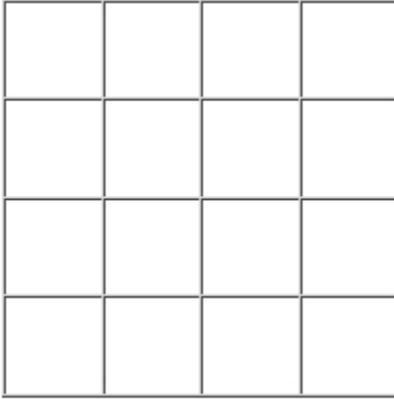
Lesson 3

The greatest tragedy in life is that majority of people have accepted to be less than they were born to be and are thus accomplishing far less than their true capabilities

Count the Squares

Did you know that **you were born to be great**; that you can pursue and accomplish whatever great desires you set your heart on, **but then, you underestimate your capabilities, and use very little of your true potential**? The following

short exercise will always lead you to an amazing discovery about your level of **#Productivity**



In the squares diagram shown, how many squares are there; how many squares can you make out in total?

Your answer... []

If you've undertaken this exercise before, then you may read on but then remember how you fared the first time you tried it; else go to... seersapp.com and click 'Self Assessment.' Then, send your answer, and see; you will be amazed! This exercise will always lead you to an amazing discovery about your level of #Productivity

Why Are You Here On Earth?

You never decided to come into this world; no one ever did! You woke up one day to realise that you were in this world, and living among a number of people at various levels: home or household, neighbourhood or community, town or city, country, continent, world; though the realisation of these various levels happened at different stages in your life. Though you were born with certain instincts (for instance the

instinct to cry, crawl, imitate, be inquisitive, etc.) much of what you know now, and the things you are able to do have been by means of elaborate learning processes such as social conditioning, auto-suggestions, etc; both consciously and unconsciously / subconsciously. The following have been some of your major teachers in those learning processes...

- Family members (especially parents / guardians)
- Friends
- Religious leaders (especially those of your preference)
- School teachers
- Opinion leaders / Role models

- Mentors / Coaches
- Authors / Writers / Bloggers
- Entertainers
- Etc.

These teachers might have influenced / taught you directly in person (home, class, seminar, seminar / workshop, etc.) or through the mass media: internet, radio, television, videos, books, magazines, etc. It so happens that even with their best intentions, and effort, chances are that eventually, you have been inadvertently

socialised to underestimate your capabilities and are thus using so little of your true / hidden potential, and chances are that your vision / goals are not high enough; you have the opportunity to check this for yourself and know how you may be doing.

Deep Revelations

Years of research into human and organisational performance factors has revealed worrying trends in the lives of individuals, organisations, and society as a whole, most of which are not openly discussed, but come up in people's

prayers, and / or when they are in sessions with their pastors, consultants, and other potential helpers. Thus, a lot of people / organisations live a lie; the following examples are startling...

Predominant Low Levels of Productivity

There are abysmally low levels of productivity among a whopping majority of people, especially the workforce.



Proportion of Persons Who Underestimate Themselves [97/100]

Indeed, if you take every 100 individuals, chances are that 97 of them will be using very little (just about 3 percent) of their true / hidden potential. This applies to even religious persons and even persons with serious academic laurels. And the causes are unsuspecting and very surprising! Zing4Life! provides a remedy though.

So there is 97 out of 100 chances (97 percent probability) that you personally use very little (just about 3 percent) of your true / hidden potential; likewise your people. If you are a

manager or a business owner (or even if you just hope to be one) or desire to really accomplish much in life (beyond the usual) this should concern you; Zing4Life! will help you.

Also, in most organisations, only 15 percent of the subordinates know what their organisation or department's top goals and priorities are. A vast majority of subordinates (85 out of every 100 subordinates) do not know what their organisation or department's top goals and priorities are.



Interestingly, of those that know the top goals and priorities, only 19 out of 100 feel passionate about the top goals and priorities; that translates to about 3 percent of all the subordinates.

Also, of those who know the organisation or department's top goals and priorities, only 49 percent of their working hours is spent on the most important goals; more than half of the time

is spent on less important activities. In a sense, in a lot of organisations, what the people accomplish the whole year, is actually doable within 3 months.

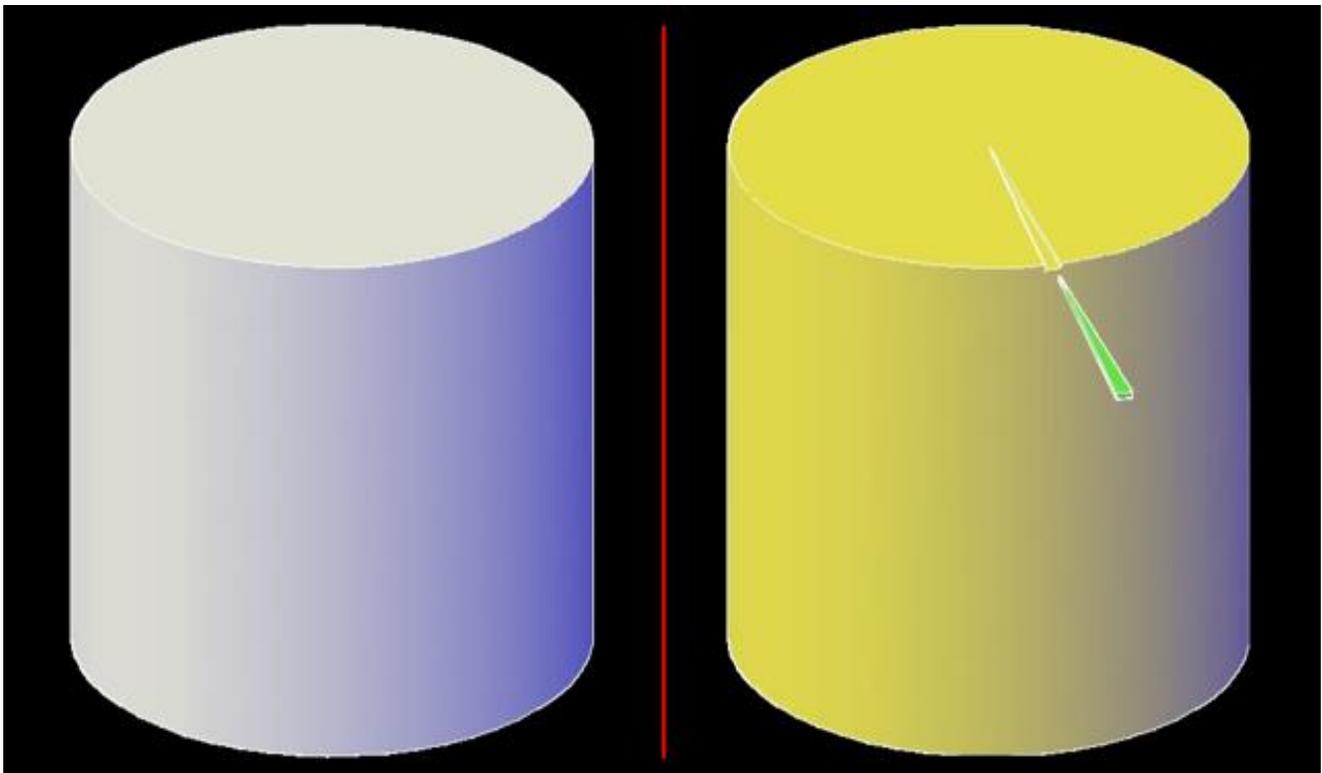
Again, if you are a manager or a business owner (or even if you just hope to be one) this should concern you. Zing4Life! principles, techniques

and strategies are able to rectify this level of abysmal productivity.

Gross Underutilisation of Brain Potential

Majority of people (97 out of every 100 people) underestimate their capabilities and thus use very little of their brain power. Scientists estimate that most persons, during their lifetime, use their brains to achieve just about one-hundredth of 1 percent of what the brain is capable of achieving. In other words, if the brain

is capable of achieving 10,000 marks what most people achieve with it is just 1 out of 10,000. It's like having one of the most powerful supercomputers in the world (like the Jaguar, or even the Sunway TaihuLight, or the new kid on the block: IBM's Summit) and only using it as a clock to display the time! How does that feel?



To illustrate further, assuming that the white cylinder shown is what the brain is capable of achieving throughout your lifetime on earth, then ordinarily, what you are likely to achieve with it is the green speck shown against the yellow cylinder; the yellow cylinder represents the comparative proportion of what you are likely to refuse to use their brains for: the books that will not be written, the businesses that will never be created, the theories that will remain unknown, the happiness, health and wealth that you may refuse to create, and so on! Because that is what mostly happens; unless you get the kind of orientation that Zing4Life! presents, and do implement the recommendations thereof.

Note that this is mainly about what one ordinarily ends up using the brain to achieve; as against what the brain was created to be capable of achieving. This is an unfortunate anomaly, and among other insights, the Zing4Life! presentation comprehensively outlines the systematic solution that works to ensure high levels of utilisation of the brain's power.

So, what are some of the great deeds you can harness the power of your brain for?

- You can harness the power of your brain to pursue and accomplish whatever great desires you want for yourself!
- You can harness the power of your brain to come up with innovative ideas (i.e., new and wonderful ideas) to improve current situations and systems.
- You can harness the power of your brain to come up with quality and effective solutions to problems/difficulties/challenges on hand.
- You can harness the power of your brain to readily identify and capitalise on the numerous opportunities available but that which you otherwise would not see.
- And so much more!

In essence you can harness the power of your brain to become one of the world's exceptional achievers...



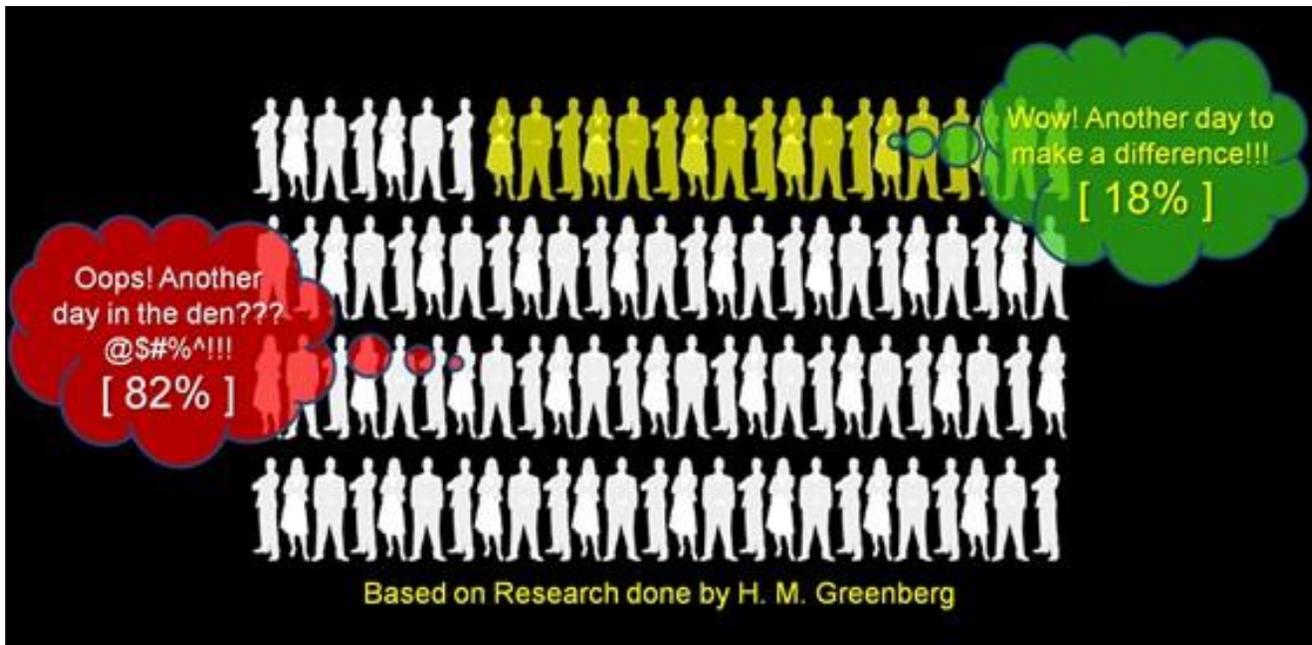
“When you know the right things, the boundaries around your life suddenly disappear;” in the words of Brian Sher. Indeed, **“It’s not who you are that holds you back, it’s who you think you are not!”** in the words of

Denis Waitley. Yes, **“If you can believe, all things are possible to him who believes;”** said Yeshua HaMashiach, except that further to believing you need to take the right steps, based on the right ‘base knowledge’ – **Zing4Life!**

Prevalence of Extremely Poor Affection for Occupations

Job dissatisfaction is widespread. Indeed, if you randomly select 100 people and ask about their work life, it should not surprise you to note that

82 of them (i.e, a whopping 82% of people) will not be enjoying their work life.



Well, of all the people that go to work every day, only 18 out of 100 (a meagre 18 percent of workers) really feel good about going to work; a whopping 82 percent of people harbour some apprehension when going to work and wish they didn't have to go to work. This is a major source of stress and ailments; indeed, not too long ago,

the BBC announced that work-related stress disorders have been on the increase.

And chances are that, you may be affected by it; indeed there is 82 out of 100 chances that you may be affected; likewise your people. There is a way out of this; get The Purpose Compass for some really insightful preliminary guidance.

And So Many More of Such Issues

The above is just 'a tip of the iceberg!' There are numerous of such issues (too many to number) that may be affecting you and your people; you may contact us with some information about your field of endeavour and we will give you specific examples in your field.

These issues (including the numerous others listed in The Purpose Compass, and in Zing4Life!

as a whole) present needless frustrations to a lot of leaders / managers. Especially in attempts to deal with such issues that consistently crop up within groups / organisations, leaders often use approaches (actions and inactions) that inadvertently compound / worsen the problem in the long run. This can be avoided with the right awareness, knowledge and skill that Zing4Life! provides.

As part of the Zing4Life! training / presentation, so many of such issues are identified / outlined, and appropriate, systematic and effective solutions are provided for them. And since The Purpose Compass seeks to introduce Zing4Life! more comprehensively, at least 9 of the issues are outlined in The Purpose Compass.

The Roadmap

The seven amazing steps you can use to achieve a *truly* fulfilling life, as outlined in the Table of Contents above, are really pretty simple and straightforward. For instance, 'Discover the eagle in you' simply means... *make the right effort to appreciate the true / hidden potential inside of you.* And you can do so by reading a lot of self-help books and taking action on them, and The Purpose Compass even saves you that effort by outlining the specific areas to concern yourself about; so the 'what' and 'how' of each of the steps are simple. But 'why' is that important? The 'why' factor is what will make a difference as to whether you will indeed comply. Therefore in The Purpose Compass, much attention initially goes into laying a very solid foundation as to 'why' the seven amazing steps you can use to achieve a *truly* fulfilling life are so relevant; to do that I will clearly establish the problems / difficulties the steps are meant to prevent, or solve; especially the 4 Very Surprising Habits that Make Life Difficult.

Chapters 1 and 2 cover the foregoing, and inches up some notches higher in Chapter 3 where

some of the **combined effects of the four habits**, especially *some nine key problems* their combined effects are likely to be causing in your life, and thus denying you of a *truly* fulfilling life, are discussed; very deep!

In Chapter 4, I first explain *what a truly fulfilling life is*, and subsequently elaborate on the **seven amazing steps you can use to achieve a truly fulfilling life**; as a sure solution to the 4 *Very Surprising Habits that Make Life Difficult* and their *Combined Effects* that are likely to be denying you of a *truly* fulfilling life. You will be adequately informed about the major steps to take in order to have a happy and a *truly* fulfilling life.

In the last chapter (Chapter 5) which I consider as a bonus, I help you to appreciate how some of the specific Zing4Life! principles, techniques and strategies come into play in the Steps, by looking at *Step 1* in a little more detail; it is under the theme... *Discovering the Eagle in You.* You will certainly be amazed!

A truly fulfilling life is very important; however, very rare! How so? And, what is your idea of a fulfilling life?

Sadly, most people are not *truly* fulfilled in life, and chances are that, such may be your situation. It is possible to be excited, or even make a lot of money and still not live a *truly* fulfilling life! Indeed, so many wealthy and seemingly happy people, including wealthy professional comedians, are known to have committed suicide in the past; some even recently. Also, it is possible to be very religious and still not live a *truly* fulfilling life! Incidences of very religious people, including pastors, committing suicide abound.

Notice that I am *not* talking about a fulfilling life (that is subjective) but rather a *truly* fulfilling life! Yes, there is a big difference! And THE PURPOSE COMPASS clearly defines what a *truly* fulfilling life is, and gives the steps for attaining a *truly* fulfilling life. It is the foundational life-coaching (mentorship) you have always wanted; now at your disposal; you will find it amazing! It is an objective orientation about life, especially how to organize your thoughts, actions, and inactions to achieve a *truly* fulfilling life of extreme productivity. See more at... seersapp.com or Call / SMS / WhatsApp / Signal / Telegram / WeChat... **026.637.7777** > +233.26.637.7777

Be part of the next edition of the...

Special Capacity-Building Training to Help You and Your People to #Improve and #Achieve Your Objectives / Goals More Easily, Faster, and in a More Pleasant Way. #Productivity

A Unique Life-Coaching Presentation; recommended for you and your people: child(ren) | friend(s) | team / staff / workers | students / pupils | congregation | countrymen | etc.

For more information please go to... seersapp.com